

**FACTS: What does 4M Fitness LLC do with your personal information?**

**Why?:** Companies choose how they share your personal information. Federal law gives consumers the right to limit some but not all sharing. Federal law also requires us to tell you how we collect, share and protect your personal information. Please read this notice carefully to understand what we do.

**What?:** The types of personal information we collect and share depend on the product or service you have with us. This information can include:

- Account balances and payment history
- Bank account and/or credit or debit card information
- Phone number and email address

**How?:** All companies need to share customers’ personal information to run their everyday business. In the section below, we list the reasons companies can share their customers’ personal information; the reasons 4M Fitness chooses to share; and whether you can limit this sharing.

| Reasons we can share your personal information   | Does 4M Fitness share? | Can you limit this sharing? |
|--|------------------------|-----------------------------|
| <b>For our everyday business purposes</b> – such as to process your transactions, maintain your accounts, respond to court orders and legal investigations | Yes                    | No                          |
| <b>For our marketing purposes</b> – to offer our products and services to you  | Yes                    | No                          |
| <b>For joint marketing with other companies</b>  | Yes                    | Yes                         |
| <b>For our affiliates’ everyday business purposes</b> – information about your transactions and experiences  | Yes                    | No                          |
| <b>For our affiliates’ everyday business purposes</b> – information about your creditworthiness  | No                     | Yes                         |
| <b>For nonaffiliates to market to you</b> – for accounts and services endorsed by another organization   | No                     | Yes                         |

**To limit our sharing:** Call 704 248 1529. **Please note:** If you are a new customer, we can begin sharing your information 30 days from the date we sent this notice. When you are no longer our customer, we continue to share your information as described in this notice. However, you can contact us at any time to limit our sharing.

**To limit our direct marketing contact:** Call 704 248 1529. Visit us online at [www.4mfit.com](http://www.4mfit.com). **Please note:** we may contact our existing customers by mail, email, telephone or other channels such as social media (e.g. Facebook, Twitter, Instagram) to offer additional products or services that we believe may be of interest to you. You may direct us not to send you such offers.

**Questions?:** Call 704 248 1529 or go to [www.4mfit.com](http://www.4mfit.com).

## **What we do**

### **How does 4M Fitness protect my personal information?**

To protect your personal information from unauthorized access and use, we use security measures that comply with federal law. These measures include computer safeguards and secured files and buildings.

### **How does 4M Fitness collect my personal information?**

We collect your personal information, for example, when you:

- Establish a membership by completing a membership application form
- Pay your bills
- Use your credit card or debit card or supply your bank account details

### **Why can't I limit all sharing?**

Federal law gives you the right to limit only

- Sharing for affiliates' everyday business purposes - information about your creditworthiness
- Affiliates from using your information to market to you
- Sharing for non-affiliates to market to you

State laws and individual companies may give you additional rights to limit sharing.

### **What happens when I limit sharing for an account I hold jointly with someone else?**

Your choices will apply to everyone on your account.

## **Definitions**

**Affiliates** – Companies related by common ownership or control.

**Non-affiliates** – Companies not related by common ownership or control.

**Joint marketing** – A formal agreement between non-affiliated companies that together market products or services to you e.g. massage therapy or nutritional products or services.